

Home Health Checklist

Spot anything that doesn't feel right? Tick the boxes and let us know, we're here to help.

Y = All good

N = Needs checking

If you ticked Y to all boxes, your home is likely safe and up to standard.

If you ticked any N, don't wait. **Contact us to report it**. We'll help you figure out the next steps.

Heating, plumbing and electrics

- Is your home free from damp or mould? (HHSRS 1)
- Is it warm enough in winter (18–21°C)? (HHSRS 2)
- Is your home cool and ventilated during hot weather? (HHSRS 3)
- Can you lock your doors and windows securely? (HHSRS 12)
- Do you feel safe exiting in case of an emergency? (HHSRS 21, 22)

Heating, plumbing and electrics

- Is your boiler working properly? (HHSRS 2, 6)
- Do your radiators heat up fully?
- Are your taps, sinks, and toilets working without leaks or blockages? (HHSRS 17, 18)
- Are plug sockets and light switches secure and working? (HHSRS 23)
- Have you ever noticed a smell of gas or unusual flames on gas appliances? (HHSRS 6, 9)

Kitchen, bathroom and hygiene

- Is your kitchen under 20 years old?
- Is your bathroom under 30 years old?
- Is there enough space to move around safely?
- Do you have hot water at all taps? (HHSRS 17, 18)
- Do you have a clean, safe space to prepare and store food? (HHSRS 16)
- Are there any signs of pests (mice, rats, insects)? (HHSRS 15)

Insulation, air, and comfort

- Do your windows and doors shut properly to keep heat in? (HHSRS 2)
- Do you have insulation in the loft, walls, or floors? (HHSRS 2, 3)
- Do you feel protected from outdoor noise? (HHSRS 14)
- Do new furnishings or paint cause strong smells or make you feel unwell? (HHSRS 10)

Lighting, space, and design

- Is there enough natural and artificial light in your home? (HHSRS 13)
- Is there enough space for your family to live, sleep, cook, and relax comfortably? (HHSRS 11)
- Are there any sharp corners, low ceilings, or tight spaces where you could bump or trap fingers? (HHSRS 26, 28)

Shared and structural areas (flats or multi-storey homes)

- Are the entrance areas clean, well-lit, and easy to navigate? (HHSRS 13, 21)
- Is the fire escape route clearly marked and free from obstacles? (HHSRS 24)
- Do you know where the fire exits are and how to use them? (HHSRS 24)
- Are stairways, balconies, and landings safe and secure? (HHSRS 21, 22, 29)

Fire, chemicals, and hidden risks

- Do you have working smoke alarms on every floor? (HHSRS 24)
- Are you aware of fire safety features in your building? (HHSRS 24)
- Has your building had a fire risk assessment in the last 5 years?
- Are there any old materials in your home that might contain asbestos? (HHSRS 4)
- Have you used any chemical treatments for mould or pests? (HHSRS 5)
- Are there any old pipes or paint that might contain lead? (HHSRS 7)
- Do you live in an area where radon gas is a risk? (HHSRS 8)