



Personal Best Programme

GET ACTIVE AND TRY SOMETHING
DIFFERENT THIS SUMMER!



All ages

Any level of fitness

31 May - 25 July



Choose from a huge range of sports and fitness sessions available and collect stamps to receive your medal at the end of the programme!



Achieve YOUR Personal Best

Collect your passport and list of sessions from Parkway Green House (Northenden), Wythenshawe Forum or the Woodhouse Park Lifestyle Centre.

Or visit the website at www.wythenshawegames.org.uk/personalbest, choose your first session, go along and collect your passport there!