



**Your Guide to** 

Tackling Domestic Abuse

Wythenshawe Community Housing Group and other housing associations in Manchester are working with the Greater Manchester Police to help victims of domestic abuse.

There are many types of domestic abuse, which can include:

- Verbal abuse
- Threats
- Sexual abuse
- Stopping you having contact with your friends and family
- Destroying your possessions
- Financial



## What can Wythenshawe Community Housing Group do to help you?

There are people you can talk to who will listen to you in confidence without judging you and offer advice. We can:

- Tell you what help is available
- · Check that you are safe
- Listen to you carefully
- Keep everything that you say in confidence

Many people stay in abusive relationships because they think there is nowhere else to go, but there are ways you can find a new place to live. We can help you:

- By finding you a new home
- By giving you general housing advice and putting you in touch with other organisations that can help
- Get into safe accommodation if you are in immediate danger
- Create a sanctuary or safe room by fitting locks and other security devices in your home

If you need help please call the Customer Services Team **0800 633 5500** or **0300 111 0000** and ask for your Anti-social Behaviour Officer. In an emergency always call 999.



## **Useful Contacts:**

Womens Domestic Abuse Helpline (WDAH) 0161 636 7525

Manchester Womens Aid 0161 660 7999

National 24-hour Domestic Violence Helpline 0808 2000 247



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